



EAL CLIENT PROFILE



Please Note: No prior experience with horses is needed. You will need to dress appropriately for and outdoor session, with flat, enclosed shoes or boots.

Contact Information

Full Name: _____
Address: _____
Home Phone: _____
Mobile Phone: _____
Email: _____

Employment Information

Title: _____
Employer: _____
Work Phone: _____

Personal Information

Date of Birth/Age: _____
Relationship / Marital Status _____
Children _____
Previous Coaching / Counselling or Psychology sessions?

If yes, was it useful or not? _____
Profession/Job: _____
What do you do during a normal day?

What brings you to Equine Assisted Learning?

What is your experience with horses?

What do you want to be different in your life?

What are your current challenges?

What do you consider to be your greatest strengths?

How do you support, strengthen and nurture yourself?

What activities have meaning and make you feel good?

Do you know your preferred style of learning?

What motivates you?

What do you believe are your most important values?

Do you believe you are living in a way that fits with these values?

How do you respond when you are in a really **challenging situation**?

Learning GOALS

What are your top 5 goals either short or long term at the moment?:

1.

2.

3.

4.

5.

What do you want to **focus** on in in our Equine Assisted Learning sessions?

Challenges

What are your top 5 challenges at the moment?

1. _____
2. _____
3. _____
4. _____
5. _____

Focus Areas

What are your major objectives or gains that you wish to achieve from Equine Assisted Learning?

Is there anything else you would like to say? _____

*Thank you and I hope you enjoy your time
working with and learning from the horses at
Horse Sense*

